



NADIA CANZANIELLO

An italian student

MYSELF

My name is Nadia, I'm 16 years old and I live in Italy with my family, in a small, but beautiful town.

I have brown hair, brown eyes but I'm not very tall.

As for my personality, I am friendly, active, quiet and helpful with my friends.



MY FAMILY

My family is composed of four people:

My father Giuseppe is 59 years old and he's an entrepreneur, my mother Cinzia is 55 and she's a housewife, my sister Federica is 27 and she's a nurse in England and me.



(Here we were at my sister's wedding).



There is a new member in my family, my niece.
Her name is Aurora and she's 7 months.
(In the photo she was 4 months).

I love animals, especially dogs in fact I have a
doggie and her name is Lilly.
It is not a pure breed, but she is very sweet.



SOMETHING ABOUT ME

Now I don't practice any sport but two or three times a week I go to the gym.
However, for 6 years I practiced rhythmic gymnastic.





In my free time I like going out with my friends, reading a book, going to the gym or watching a movie.

I like cooking, especially desserts and another thing that fascinate me is photography.



I also like to listen to music especially rap, hip hop and rock, in fact I've been to some concerts, like Ligabue's and Tiziano Ferro's concerts.

I love travelling and I've visited many Italian cities and some European destinations, like Rome, Naples, Florence, Ischia, Siena, London and Chambery (in France)

I have breakfast with coffee or cappuccino every day and something to eat like croissant or muffins.

Sunday morning I love to eat pancakes with chocolate.

For lunch I often eat pasta and a very light second plate, alternatively I eat rice or only the second course.

As a snack I like to have either sweet or salty food.

I usually have dinner only with a second course and fruit, but if at lunch I haven't eaten pasta I have it in the evening.



My favourite dishes are carbonara, pizza and buffalo mozzarella.

MY HABITS

I usually wake up at 6 o' clock on weekdays.

On the week-end if I have something to do I get up at half past eight or half past nine, if I have to stay at home I wake up whenever I want.

From Monday to Saturday I go to school until 1 or 2 pm and in the afternoon I study and I spend my time doing my hobbies.

On Sunday morning I like to have breakfast in Gaeta, a town a few kilometers from mine and near the sea.

Some nights I prefer going out and others staying at home.

This is a small part of my life...
I can't wait for this project 'Erasmus Plus' and I'm
so excited for this trip to Greece!